

# HBPB INVITATIONAL LONG COURSE MEET

14<sup>TH</sup> – 15<sup>TH</sup> MARCH 2026

HAWKE'S BAY REGIONAL AQUATIC CENTRE (50M)

FOR SWIMMERS AGED 12 YEARS AND OVER

*AN APPROVED LONG COURSE RACING OPPORTUNITY FOR SWIMMERS  
AGED 12 YEARS AND OVER*

*VISITORS MOST WELCOME – COME AND RACE FAST IN OUR GREAT FACILITY*

50M EVENTS – ALL SWIMMERS RACE 2 ROUNDS – Round 2 Will Be Re-Seeded Off Round 1 Results

100M AND 200M EVENTS (EXCEPT 200M FLY) – A, B AND C FINALS- Number Dependent

200 FLY, 400M, 800M AND 1500M EVENTS – TIMED FINALS

SATURDAY AM SESSION ONE	SATURDAY PM SESSION TWO	SUNDAY AM SESSION THREE	SUNDAY SESSION FOUR
Warm Up – 7.30am Start – 8.30am	Warm Up – 3.00pm Start – 4.00pm	Warm Up – 7.30am Start – 8.30am	Starts approx. 1 hr after Session Four
200 FREE HEAT	200 BREAST HEAT	100 BACK HEAT	100 FREE FINALS
100 BREAST HEAT	50 FLY ROUND 1	50 BREAST ROUND 2	400 IM (TOP 30) T/F
100 FLY HEAT	100 BREAST FINALS	200 FLY T/F	50 BACK ROUND 2
50 FREE ROUND 1	400 FREE TIMED FINAL	50 BACK ROUND 1	200 BREAST FINALS
1500 FREE (TOP 20) T/F	50 FREE ROUND 2	100 FREE HEAT	50 FLY ROUND 2
200 BACK HEAT	200 BACK FINAL	800 FREE (TOP 20) T/F	100 BACK FINALS
50 BREAST ROUND 1	100 FLY FINALS	200 IM FINALS	4X50 MEDLEY RELAY T/F
200 IM HEAT	200 FREE FINALS	4x50 MIXED FREE RELAY T/F	
4x50 FREE RELAY T/F			





## MEET CONDITIONS AND ENTRY

- ❖ Meet is open to all registered competitive swimmers on the SNZ Database aged **12 years and over on 14<sup>th</sup> March 2026**. VISITORS ARE MOST WELCOME AND THERE ARE NO VISITOR CONDITIONS.
- ❖ This event will be an **APPROVED MEET**, pending the number of officials.
- ❖ **Age – as at 14<sup>th</sup> March 2026**.
- ❖ Individual Entry Fee – **50m events - \$13.00 (2 swims). All other events - \$13.00**
- ❖ **Individual Entries Close – midnight Sunday 8<sup>th</sup> March 2026.**
  - Late Entries emailed to [swimhbpb@gmail.com](mailto:swimhbpb@gmail.com) up until noon Monday 9<sup>th</sup> March 2026 accepted but will incur an additional late entry fee of \$20 per entry. No other late entries will be accepted.
- ❖ Relay Entry Fee - **\$15.00 per relay entry. Relay Entries Close – noon Monday 9<sup>th</sup> March 2026.**
- ❖ Withdrawing from an event shall not entitle a competitor to an entry fee refund, except in the case where a medical certificate is provided.
- ❖ Long Course Times (Converted Accepted). **Times since 1<sup>st</sup> January 2025. No times accepted.**
- ❖ The meet will be run under World Aquatic, SNZ and local conditions. The event organisers reserve the right to alter the programme, and session times, and limit entries if required. All participants must adhere to the sports anti-doping rules.
- ❖ Para swimmers will be seeded amongst able bodied heats and timed finals, based on entry times.
- ❖ Meet will be swum **Long Course (50m) 10-lane pool**, but the number of lanes could change dependent on entries and officials. Starts are over the top, except for finals.
  - ❖ **There will be NO MARSHALLING – Self marshalling will apply to all events and rounds**
- ❖ Scratchings and Withdrawals – Withdrawals should be lodged by team managers at all times.

The following withdrawal rules will apply:

  - Timed Finals – There is no requirement to scratch – swimmers will be a DNS.
  - Heats and Round 1 - There is no requirement to scratch – swimmers will be a DNS. Swimmers will not be able to proceed to A,B, and C finals, or be eligible for awards in the 50's. They will still be able to swim the subsequent 50's rounds.
  - Round 2 – Withdrawals for the next round **must be submitted by the end of the session the round has been swum**, to allow for re-seeding. **Any swimmer who fails to do this will be deemed a late withdrawal and shall be debarred from competing in their next individual event.**
  - A,B and C Finals – Withdrawals – including alternates – to be advised within 30 mins of heat results being posted. **Any swimmer who fails to do so this will be deemed a late withdrawal and shall be debarred from competing in their next individual event.**
  - For medical reasons, a swimmer can scratch up to 15 minutes before a session starts but must scratch for all that session. If taken ill during a session a swimmer must scratch for the rest of that session.
- ❖ Protests must be submitted in writing to the referee by the authorised team manager with a fee of \$50 within 30 minutes following the formal publishing of results.
- ❖ Results – Will be available via Swimify.
- ❖ Officials/Timekeepers – All clubs to provide.
- ❖ There will be a Team Managers meeting during warm up before the first session. All clubs to have a team manager attend this meeting, and any other meetings notified by the organising committee.
- ❖ **Enquiries to Sue Hewitt – HBPB Swimming – [swimhbpb@gmail.com](mailto:swimhbpb@gmail.com) – 027 7280734.**



## EVENTS

### 50M EVENTS - ROUNDS

All entered swimmers will be able to swim two rounds.

- Swimmers will be re-seeded for Round 2, based on Round 1 times.
- Awards to be determined from the fastest time across the 2 rounds – ***calculated as the lowest time from the sum of the 2 rounds.***
- Swimmers must swim both rounds to be eligible for awards.

### 100M AND 200M EVENTS (EXCEPT 200M FLY) – HEATS AND FINALS

Will be swum as male and female heats and finals - with A, B & C Finals - fastest 30 males and 30 females (regardless of age) starting with the 'A' final subject to the following conditions:

- A **minimum of 30 swimmers** are required in an event **for A, B and C finals** to be run; otherwise
- The event reverts to an **A and B finals** requiring a **minimum of 20 swimmers**; or else
- If **less than 20 swimmers** only an **A final** will be run.

### 200M FLY, 400M, 800M AND 1500M EVENTS – TIMED FINALS

Will be swum as timed finals.

- **400 IM** – **Top 30** male and female
- **800 Free** – **Top 20** male and female
- **1500 Free** – **Top 20** male and female.

## AWARDS

### AWARD RATIONALE AND AGE GROUPS

*The aim is to reward swimmers on performance and effort, completing the events entered in, and taking the opportunity to race and improve times.*

**Age Groups for Awards (Medals) – 12-14 years, 15-18 years and Open.**

### Medals/Awards

Individual Events - Medals for 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup>

- **50m Events** - Fastest Across 2 Rounds -(lowest score from the sum of both rounds)
  - Age Group Medals — Age Groups -12-14 years, and 15-18 years.
  - Open Medals – Across all age groups.
- **100m and 200m Events (Except 200 Fly)**
  - Age Group Medals – Determined from Heat Swims – Age Groups - 12-14 years, and 15-18 years.
    - ***Any swimmer that qualifies for an A, B or C Final and does not swim the final will be deemed to have not finished the event and will not be eligible for an award.***
  - Open Medals - For 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> in the A Final.
- **200m Fly, 400m, 800m and 1500m Events** – Determined from Timed Finals
  - Age Group Medals – 12-14 years and 15-18 years
  - Open Medals - Across all age groups.

Relays - No Medals/Awards